health

network PRESTIGE\_25\_GOLD\_NC

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call visit 1-855-275-1400 or visit www.networkhealth.com/\_\_\_assets/pdf/individual-benefits-2025/individualpolicy.pdf. For general definitions of common terms, such allowed amount, balance

billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.networkhealth.com or call 1-855-275-1400 to request a copy.

Important Questions	Answers	Why This Matters:	
What is the overall <u>deductible</u> ?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.	
Are there services covered before you meet your <u>deductible</u> ?	No. <u>Preventive care</u> , office visits, tests, immediate medical and drugs may be covered before you meet your <u>deductible</u> . See the specific services listed below denoted <u>Deductible</u> does not apply.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> with <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .	
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.	
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	Not Applicable	This plan does not have an out-of-pocket limit on your expenses.	
What is not included in the <u>out-of-pocket limit</u> ?	Non-covered services, denied benefits, and the benefit reduction amount when prior authorization is not obtained. Certain specialty drugs that are considered non- essential health benefits.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .Certain specialty drugs that are considered non essential will be reimbursed by the manufacturer at cost to you.	

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes. See networkhealth.com or call Network Health Customer Service at 1-855-275-1400 for a listing of participating providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an Out of network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an Out of network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

		What You	ı Will Pay	Limitations, Exceptions, & Other Important Information	
Common Medical Event	Services You May Need	In <u>Network</u> (You will pay the least)	(You will pay the most)		
	Primary care visit to treat an injury or illness	No Charge	Not Covered	None	
If you visit a health care	<u>Specialist</u> visit	No Charge	Not Covered	None	
provider's office or clinic	Preventive care/screening/immunization	No Charge	Not Covered	Ask your provider if the services needed are preventive.	
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	Not Covered	Full coverage if required by federal law.	
	Imaging (CT/PET scans, MRIs)	No Charge	Not Covered	None	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.networkhealth.com	Generic drugs	No Charge (retail/mail order)	Not Covered	Certain generics are available for a \$0 Retail Copayment or a \$0 Mail Order Copayment. Refer to your formulary. Covers up to a 30-day supply (retail prescription); 30-90 day supply (mail order prescription)	
	Preferred brand drugs	No Charge (retail/mail order)	Not Covered	Covers up to a 30-90 day supply, Copay per 30-day suppy (retail prescription); 30-90 day supply (mail order prescription)	
	Non-preferred brand drugs	No Charge (retail/mail order)	Not Covered	Covers up to a 30-90 day supply, Copay per 30-day suppy (retail prescription); 30-90 day supply (mail order prescription)	

		What You	u Will Pay		
Common Medical Event	Services You May Need	In <u>Network</u> (You will pay the (You will pay the least) most)		Limitations, Exceptions, & Other Important Information	
	Specialty drugs	No Charge Not Covered		Covers up to a 30-day supply (specialty pharmacy); No mail order Please see "Important questions" regarding the plan's out of pocket limit	
	Non-preferred Specialty drugs	drugs No Charge Not Covered		Covers up to a 30-day supply (specialty pharmacy); No mail order Please see "Important questions" regarding the plan's out of pocket limit	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No Charge	Not Covered	None	
surgery	Physician/surgeon fees	No Charge	Not Covered	None	
	Emergency room care	No Charge	No Charge	None	
	Emergency medical transportation	No Charge	No Charge	None	
If you need immediate medical attention	<u>Urgent care</u>	No Charge \$0 / visit ; <u>deductible</u> does not apply		Services are covered only when Outside the Service Area and only when furnished by a Hospital-based Urgent Care Facility	
	Facility fee (e.g., hospital room)	No Charge	Not Covered	Preauthorization is required	
lf you have a hospital stay	Physician/surgeon fees	No Charge	Not Covered	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No Charge and No Charge _other outpatient services.	Not Covered	None	
	Inpatient services	No Charge	Not Covered	Preauthorization is required	
	Office visits	No Charge	Not Covered	None	
lf you are pregnant	Childbirth/delivery professional services	No Charge	Not Covered	None	
	Childbirth/delivery facility services	No Charge Not Covered		Maternity care may include tests and services described elsewhere in the SBC.	
If you need help recovering	Home health care	No Charge	Not Covered	Limited to 60 visits per benefit year; Preauthorization is required	

	Services You May Need	What You	u Will Pay		
Common Medical Event		In <u>Network</u> (You will pay the least)	(You will pay the most)	Limitations, Exceptions, & Other Important Information	
or have other special health needs	Rehabilitation services	No Charge	Not Covered	Limited to 20 visits each per benefit year for Physical/Occupational/Speech/Pulmo nary Therapy; Cardiac Rehab is limited to 36 visits per benefit year.	
	Habilitation services	No Charge	Not Covered	Limited to 20 visits each per benefit year for Physical, Occupation and Speech Therapy	
	Skilled nursing care	No Charge	Not Covered	Limited to 30 days per benefit year, Preauthorization is required	
	Durable medical equipment	No Charge	Not Covered	NoneLimited to 20 DME devices/items per year, whether rented or purchased as indicated in the Policy.	
	Hospice services	No Charge	Not Covered	Preauthorization is required	
If your child needs dental or eye care	Children's eye exam	No Charge	Not Covered	Limited to one Routine Eye Exam per 12 month period	
	Children's glasses	No Charge	Not Covered	Only Frames from a pediatric exchange collection are covered	
	Children's dental check-up	No Charge	Not Covered	Reimbursement for One exam, cleaning, and bite-wing x-ray per 12 months.	

## Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
Abortion	Infertility treatment	Private-duty nursing			
Acupuncture	Long-term care	<ul> <li>Routine eye care (Adult)</li> </ul>			
Bariatric surgery	<ul> <li>Non-emergency care when traveling outs</li> </ul>				
Cosmetic surgery	U.S.	<ul> <li>Weight loss programs</li> </ul>			
Dental care (Adult)	Oral Surgery				

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

• Chiropractic care

Hearing aids

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform, Department of Health and Human Services Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov, or you may contact Network Health Member Experience Team at 1-800-826-0940 for more information. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform, or you may contact Network Health Member Experience Team at 1-800-826-0940 for more information.

## Does this plan provide Minimum Essential Coverage?

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards?

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network prenatal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		<b>Mia's Simple Fracture</b> (in-network emergency room visit and follow-up care)	
The plan's overall deductible\$0Specialist\$0Hospital (facility)\$0Other\$0		<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u></li> <li>Hospital (facility)</li> <li>Other</li> </ul>	\$0 \$0 \$0 \$0	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u></li> <li>Hospital (facility)</li> <li>Other</li> </ul>	\$0 \$0 \$0 \$0
This EXAMPLE event includes services Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood wo Specialist visit (anesthesia)		This EXAMPLE event includes service Primary care physician office visits (inclu- disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose me	ding	This EXAMPLE event includes servic Emergency room care (including medica Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy	al supplies)
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0
Copayments	\$0	Copayments	\$0	Copayments	\$0
Coinsurance	\$0	Coinsurance	\$0	<u>Coinsurance</u>	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$60	The total Joe would pay is	\$20	The total Mia would pay is	\$0

Note: These numbers assume the patient does not participate in the <u>plan</u>'s wellness program. If you participate in the <u>plan</u>'s wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 1-855-275-1400.

The **plan** would be responsible for the other costs of these EXAMPLE covered services.